

Interview Questions for Health Literacy Determinant

Children's Interview Questions

1. **"Can you tell me the story of your typical day, starting from when you wake up?"**

Probe: What healthy things do you do during your day?

Probe: Who helps you with these healthy things?

2. **"If you could teach other kids about staying healthy, what would you want them to know?"**

Probe: How would you feel about helping other kids?

Probe: What would be the most important thing to teach them?

3. **"Tell me about something you learned about health at school that was interesting or exciting to you."**

Probe: What made it interesting? How did you learn it?

Probe: Did you share what you learned with your family or friends?

4. **"Show me or tell me about a time when you had to make a decision about your health."**

Probe: What was that experience like for you? How did you decide what to do?

Probe: Who helped you or gave you advice?

5. **Tell me about a time when you took care of yourself or stayed healthy without help from adults. What did you do?"**

Probe: How did that make you feel?

Probe: What helped you know what to do?

6. **"What does it mean to you when someone says a kid is 'really healthy'? Can you tell me about a kid you know who you think is healthy?"**

Probe: What makes them healthy - not just their body, but everything about them?

Probe: How do they act with other people?

7. **"Tell me about the people who teach you about health and help you stay healthy. Who are they and what do they do?"**

Probe: When you have questions about health, who do you ask?

Probe: What do you do when you're not sure if health information is true?

8. **"Imagine you come home from school today, and there are many changes in your house. You're surprised and you say, 'What happened? Why is my family paying so much attention to health today?' What changes might have happened in your home?"**

Probe: How would these changes make you feel?

Probe: What changes would make you most excited?

Mothers' Interview Questions

1. **"What are your child's health-related habits?"**

Probe: How have you watched these habits develop over time?

Probe: Which habits are you most proud of? Most concerned about?

2. **"In your experience as a mother, what does a healthy child look like to you? Can you share a story about when you felt your child demonstrated healthy qualities?"**

Probe: What specific behaviors or signs do you look for - physical, emotional, and social?

Probe: How do you know when your child is truly well?

3. **"Tell me about a typical day when your child asks you health questions or when you guide them about health. What is that experience like?"**

Probe: What kinds of questions do they ask? How do you respond?

Probe: What do you do when you don't know the answer?

4. **"Describe your role in your child's health decisions - from daily choices like food to bigger health concerns."**

Probe: How do you involve your child in health decisions?

Probe: What challenges do you face in this role?

5. **"Can you share a story about a time when your family situation, community, or circumstances made it particularly easy to support your child's health?"**

Probe: What made the difference in that situation?

Follow-up: "Now tell me about a time when factors made it especially difficult to maintain healthy practices for your family."

6. **"Tell me about how your family's economic situation affects your child's health and health learning."**

Probe: What health resources are you able to provide? What would you like to provide?

Probe: How do you manage health needs within your family's means?

7. **"Describe a time when you searched for health information for your family. What was that experience like?"**

Probe: Where did you look? What challenges did you face?

Probe: How do you decide if health information is trustworthy?

8. **"Imagine you visit your child's school today and observe numerous significant changes. You are pleasantly surprised and remark, 'All these changes to prioritize our children's health are truly commendable.' Please describe those changes."**

Probe: How would you feel seeing these changes?

Probe: What would make you feel most supported as a parent?

Educators' Interview Questions

1. **"Can you tell me about any health-related rules or practices in your school?"**

Probe: How do you feel about implementing these? What has your experience been?

Probe: Which practices do you find most effective with children?

2. **"Tell me about your school's physical environment and how it affects children's health and health learning."**

Probe: What environmental challenges do you face?

Probe: How do you work with or around these challenges?

3. **"Describe the health content you teach and how you teach it. What works well with children this age?"**

Probe: What topics do children find most interesting? Most challenging?

Probe: What teaching methods engage them most effectively?

4. **"Tell me about a time when you saw a child's understanding of health really 'click' or come together. What was that experience like?"**

Probe: What do you think made the difference for that child?

Probe: How did you recognize that the learning had occurred?

5. **"Share an experience when you faced challenges in teaching health topics - whether from curriculum limitations, cultural sensitivities, or other factors."**

Probe: How did you handle these challenges?

Probe: What support would help you address these issues?

6. **"How do environmental factors (air quality, school facilities, community conditions) affect health literacy in your classroom?"**

Probe: Can you share a specific example of how these factors impact your work?

Probe: How do you help children understand and respond to environmental health challenges?

7. **"Tell me about your experiences working with families from different economic backgrounds around health education."**

Probe: How do economic factors affect children's health learning?

Probe: What adaptations do you make to support all children?

8. **"Describe how cultural factors in your community affect health education. What opportunities and challenges does this create?"**

Probe: How do you navigate cultural differences in health beliefs?

Probe: What have you learned from working with diverse families?