

Supplementary table 1. Linear regression to study the association between BMI and socio-demographic variables[#]

Characteristics	β	95% CI	P value
SHG member	0.22	-0.02 – 0.46	0.069
Age	0.25	0.15 – 0.36	<0.001*
Caste-Open	0.22	-0.32 – 0.77	0.422
Caste-SC	-0.11	-0.42 – 0.19	0.463
Caste-ST	-0.13	-0.47 – 0.21	0.451
Family size > 4	0.10	-0.11 – 0.30	0.351
SLI class 3	0.20	-0.26 – 0.67	0.395
Health literacy (problematic)	-0.10	-0.50 – 0.31	0.632
Health literacy (Sufficient/Excellent)	-0.21	-0.65 – 0.23	0.340

[#] Nagelkerke's $R^2 = 0.094$

aOR – adjusted Odds Ratio, CI – confidence intervals, SHG – Self Help Group, SC – Scheduled caste, ST – Scheduled tribe, SLI – Standard of Living index